



The Practical Nursing course participates in the Health Occupations Students of America (HOSA) organization. HOSA provides a unique program of leadership development, motivation, and recognition exclusively for secondary, postsecondary, adult and collegiate students enrolled in health science education programs. For additional information about the program, see the national HOSA Web site at

<http://www.hosa.org/>

### For Additional CSPN Information

Call today to find out more about this exciting and rewarding educational career option.

- Contact your school counselor or call Norfolk Technical Center at 892-3300.
- Find us on the web at [www.npsk12.com/ntc](http://www.npsk12.com/ntc)



**Norfolk Public Schools**  
The cornerstone of a proudly diverse community

## Nursing Staff

Linda Cockrell, RN, MSN, MBA

**Interim Program Leader**

Patricia Simpkins, BSN, RN

**Level II—Instructor**

Nadia Kaiya, MSN, RN

**Level I—Instructor**

Brandon Bell, Site Coordinator



Norfolk Public School does not discriminate on the basis of age, religion/creed, ethnic/national origin, marital status, race, gender/sex, disability, or veteran status.

# Central School of Practical Nursing

**At Norfolk Technical Center**



**1330 N. Military Highway  
Norfolk, Virginia 23502**

**Tel: 757-892-3300**

**Fax: 757-892-3305**

**[www.npsk12.com/ntc](http://www.npsk12.com/ntc)**

## Program Description

The Central School of Practical Nursing (CSPN) offers a program of study for high school seniors and adults students. Adult students may enroll in the program on a space-available basis. This eighteen-month program is divided into two nine-month periods. The first period, known as Level I, runs concurrently with the high school schedule.

During this time, all Level I students attend class for 5.5 hours every other day. During Level I, students study the biological and social science components of nursing as well as the fundamental concepts and skills used to provide nursing care.

The second period, known as Level II, begins in August and ends in April. During this time, students attend 6 to 7 hours every day focused on theoretical courses in medical-surgical, maternal child, pediatrics, mental health nursing and the management of patient care while participating in clinical experiences in select healthcare settings. Prior to program completion, students participate in 64-hours preceptor rotation.

## Accreditations

- **Accreditation Commission for Education in Nursing**
- **Virginia Board of Nursing**
- **Virginia Department of Education Career and Technical Division**
- **Certified to Operate by the State Council of Higher Education for Virginia (SCHEV)**



## Program Length

### **Level I**

#### **368.5 hours theory-126.5 hours clinical**

- Nursing Concepts
- Structure and Function
- Nursing Skills
- Nursing Skills for Geriatric Care
- Pharmacology Skills

### **Level II**

#### **498 hours theory-502 hours clinical**

- Medical Surgical Nursing I, II, III
- Mental Health Nursing
- Nursing of Children
- Maternal Newborn Nursing

## Expenses

### **High School**

In Level I, secondary students do not pay for tuition, books, or computer and lab fees. They do pay approximately \$400 to cover the costs of uniforms, criminal history/background checks, HOSA dues, CPR fees, and CNA licensure fees. In Level II (following high school graduation) post secondary students pay approximately \$2,000 to cover the costs of tuition, books, computer fees, HOSA dues, and graduation and licensure expenses.

### **Adult**

Adult students pay approximately \$8,600 which includes expenses for Level I and Level II. Financial assistance may be available to adult students to help defray the cost of tuition. Inquiries should be made to the Financial Aid Officer.

## Admission's Overview

### **High School**

Senior classification, and 2.25 cumulative GPA. Students must take the Test of Essential Academic Skills (TEAS)

### **Adults**

H.S. transcript or Equivalency; pass TEAS entrance test; interview; three professional and/or educational references.

ALL applicants must complete the criminal history/background check.

## Certifications and Licensure

- **Certified Nurse Aide (CNA) Exam**
  - Eligible post completion of Level I
- **National Council for Licensure Examination for Practical Nurses (NCI-EX-PN)**
  - Eligible post completion of Level II and graduation from the program

## Potential Career Pathways and Employment Opportunities

- |                                |                            |
|--------------------------------|----------------------------|
| •Home Health/Clinics           | •Registered Nurse          |
| •Schools                       | •Nurse Practitioner        |
| •Acute Care Hospital           | •Nurse Midwife             |
| •Long-Term Care                | •Nurse Anesthetist         |
| •Physician Offices/Urgent Care | •Clinical Nurse Specialist |

## Potential Career Earnings

\$30,000—\$49,000 annually (entry level)